komodo

Writing effective wellbeing notes

The following prompts provide an ideal framework for recording your wellbeing notes following a student check-in.

Presenting problem:
Why am I seeing this student?

Intervention:
What we did / talked about?

Next steps:
What recommendations were given to this student?
What is the student going to do & what I am going to do?

Use the table below to work through the 3 areas as necessary.

Presenting problem	Intervention	Next steps