komodo

Komodo: The psychology-informed wellbeing platform

Komodo is more than a platform – it's a psychology-driven wellbeing system. Every feature, interaction, and product decision is rooted in research, neuroscience, and evidence-based practice, so schools don't just collect data; they use it to drive meaningful action.

By combining psychological science, ethical design, and practical school realities, Komodo moves schools from reactive responses to proactive wellbeing leadership.

Komodo is:

- Prevention-focused: spotting early signs before challenges escalate
- Strengths-based: highlighting what's working and building resilience
- Developmentally aligned: designed for the way students think, feel, and engage at every age
- Ethically governed: protecting student wellbeing and data integrity
- Classroom-ready: practical and usable for teachers every day

This isn't a diagnostic tool. It's a communication and insight system built to support early identification, cultural change, and sustainable action that makes a real difference.

Built on psychological science
Komodo is grounded in psychological expertise and informed by multidisciplinary input across child and family, clinical, educational, and organisational psychology.

We follow a scientist-practitioner approach – meaning every product decision integrates:

- **Published research**
- **Professional expertise**
- **Real-world school context**
- **Ongoing review and refinement**

We don't build features because they're popular. We build them because they are psychologically sound & practically effective.

komodo

Our Research & Review Process
Every feature, tool, and insight in Komodo is grounded in a rigorous research process. Our team evaluates published evidence, reviews best practice guidelines, and tests applications in real school contexts before release. Features undergo a light review process to ensure relevance, usability, and alignment with current evidence.

We prioritise integrity and transparency: every decision is checked against ethical standards, practical school needs, and robust evidence, so schools can trust what they see and act on it with confidence.

Frameworks that guide Komodo decisions & strategy:
Komodo's approach is guided by well-established psychological frameworks and models, ensuring questions, surveys, school success processes, and analytics are evidence-based, clinically informed, and practical.



How each framework informs our decisions:

- Positive Psychology & Strengths-Based Perspectives (PERMA-V) – This informs how we frame survey questions, interpret data, and provide actionable insights that emphasise student growth and resilience.
- Resilience Frameworks – This informs how we identify areas for additional support and help schools implement preventative strategies.
- Ecological Models (Bronfenbrenner's Ecological Systems Theory & Te Whare Tapa Whā) – This informs survey and analytics design to consider environmental and cultural context.
- Self-Determination Theory – This informs question design and survey formats to empower student voice and engagement.
- Developmental Psychology – This informs survey structure, length, and complexity to match developmental stages.
- Abnormal Psychology & Mental Health Models (DSM-5-TR, risk assessment and management) – This informs ethical identification of potential concerns and early support guidance.
- Therapeutic Frameworks (CBT, DBT, ACT, Solution-Focused Therapy) – This informs how responses can be interpreted to support practical interventions.
- Behaviourism & Functional Behaviour Assessment – This informs analysis of trends and linking data to actionable strategies.

- Psychometrics & Survey Science – This informs the creation of robust surveys that yield reliable data.
- Scientist-Practitioner Model – This informs product decisions with both evidence and real-world applicability.
- Survey Engagement Research – This informs survey cadence and presentation to maintain participation.
- Engagement & Motivation Research – This informs question formatting and age-appropriate design to improve participation and data quality.

Together, these frameworks enable Komodo to provide insights, a product and a service that are scientifically robust, developmentally appropriate, clinically sound, culturally responsive, and practically useful for schools.

References consulted by our psychologist team in their research and writing are extensive. To request a full list or to ask any questions about our research, please feel free to contact us.



Designed for the brain
We design surveys and product features that acknowledge how students think, feel, and engage. That means:

- Age-appropriate language and question complexity.
- Sliding scales, color coding, and emoji-based responses to reduce cognitive load and engage attention.
- Trauma-informed framing to avoid triggering stress while capturing authentic experiences.

The result? Students engage more, schools get richer, more accurate insights, and interventions happen when they matter most.

Our schools don't just collect data to tick a box. We support our schools to design every survey & interaction to maximise response quality & meaningful action.

komodo

Every Komodo feature must pass 3 tests:

- Is it evidence-informed?
- Will it work in a real classroom?
- Will it meaningfully improve student or staff wellbeing?

If it doesn't create real-world impact – it doesn't make the cut.
That's our standard.

Analytics that actually drive decisions
We don't show static "scores."
We show movement, patterns, and velocity.



Komodo provides:

- Real-time snapshots
- Longitudinal trend tracking
- Cohort deep-dives by theme
- Individual profile trend lines
- Filter and rank tools for easy identification

The result: teachers can detect change before they become crises.

The question library - Science you can trust
Our curated library of survey questions is peer-reviewed, evidence-informed, and psychology-grounded. Every question:

- Targets the intended psychological construct
- Avoids bias and over-surveying
- Supports strengths, resilience, and growth

Schools get the freedom to customise surveys while keeping the scientific rigor of professional expertise. Emoji scales, sliding scales, and concise phrasing reduce fatigue, improve accuracy, and ensure every student's voice counts.



komodo

From Insight to action

A wellbeing strategy is only as strong as what it enables schools to do. Komodo moves beyond “data for data’s sake” with:

- Check-ins: Low-friction tools that highlight students needing support
- Resource Hub: Evidence-based, ready-to-use activities that develop students’ resilience and staff capability
- Compliments and positive feedback loops: Strengthen teacher-student relationships and reduce burnout

Every element of the platform reinforces proactive, psychology-informed decision-making, ensuring schools act with confidence and create lasting impact.

Our school success approach: Fostering independence

A common pitfall in school support is creating dependency - where staff rely on a provider for every decision. At Komodo, we intentionally design our support to build internal competence.

We guide schools through using the platform in a way that empowers educators to understand and act on their own data. By focusing on independence, we increase staff self-efficacy - the belief that they can manage student wellbeing effectively without external direction.

Our team acts as collaborators, not lecturers. We support teachers in taking ownership of wellbeing initiatives, helping them embed evidence-informed practices into everyday classroom routines.

The result: Schools move from reactive firefighting to proactive wellbeing leadership, with staff confidently using insights to make timely, effective decisions for their students.

Why schools choose Komodo

Schools don’t just want data - they want clarity, confidence, and meaningful outcomes.

Komodo provides:

- Evidence-based product features you can trust
- Insights that lead to meaningful action
- Tools to strengthen staff capability
- A whole-school wellbeing ecosystem



We are not just a survey tool. We are a platform built on integrity, evidence, & a commitment to helping schools act with confidence.

Learn more at www.komodowellbeing.com